

# CSPCT Research Strategy 2020-2024

**Foreword by the Chair of Trustees, Professor Jo Jackson, EdD, FHEA**

The Chartered Society of Physiotherapy Charitable Trust (CSPCT) supports research projects to fund the advancement of excellence in physiotherapy practice, the foundations of which are research, evidence-based practice and continuing professional development.

In its previous research strategy the CSPCT committed to funding and supporting high-quality, relevant research to improve the quality of life of people who receive physiotherapy interventions and services. To a great extent, the CSPCT meets its commitment by funding research. A review of the impact of this funding on patient care and physiotherapy practice noted the impact of the awards on developing the knowledge, skills and experience of physiotherapists. However, possibly of more significance is the impact of the awards on patients and the public, ensuring that they benefit from improvements to physiotherapy practice and service delivery.

This strategy reflects our intentions to continue funding for both novice and experienced researchers, to support the evolution and growth of the profession.

## **Recipient remarks**

*Professor Doreen McClurg, Professor of Pelvic Floor Physiotherapy, Glasgow Caledonian University*

As the grateful recipient of two Physiotherapy Research Foundation (PRF) Scheme A awards, I understand the need to support physiotherapists, who have an interest in research, at all stages of their career. Such support contributes to the requirement to provide evidence-based and cost-effective interventions to our patients. The funding opportunities sow the seeds for the development of research partnerships and can support applications to bodies such as the National Institute for Health Research. The awards have made a huge impact on my career and I strongly recommend applying for a grant from the CSPCT.

## **Introduction**

The CSPCT supports research projects to fund the advancement of excellence in physiotherapy practice, the foundations of which are research, evidence-based practice and continuing professional development.

The purpose of this strategy is to set out what the CSPCT aims to achieve over the next five years through funding research and expanding its portfolio of awards.

## **Our focus over the next five years will be:**

1. To learn about which physiotherapy interventions and services work.
2. To understand the cost-effectiveness of interventions and assess their potential to be widely available in healthcare.
3. To focus on filling gaps in knowledge and evidence informed by the research priority areas of the Chartered Society of Physiotherapy.
4. To encourage novelty by focusing on research where the creation of new knowledge advances science and supports innovation in practice.
5. To encourage the development of a vibrant and diverse community that produces, embraces and implements high-quality research from a broad range of methodological perspectives.

6. To provide research opportunities for physiotherapists at all stages of their career.
7. To maximise the impact of the research we fund by developing strategic funding partnerships.
8. To regularly review and report the impact of the trust has on patients and the public, the profession and physiotherapists.
9. To provide support that encourages the dissemination of published research that contributes to the advancement of physiotherapy practice.

### Further information

For more information on the CSPCT and awards provided, please see here:

**[www.csp.org.uk/charitabletrust](http://www.csp.org.uk/charitabletrust)**

For the latest impact report on our PRF Awards please see here:

**[www.csp.org.uk/media/1257193](http://www.csp.org.uk/media/1257193)**



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Supporting the advancement of  
physiotherapy education and research