



POGP Pelvic Health Physiotherapy courses

Coronavirus (COVID-19)- update .

The Autumn program has now got underway and to date, we have managed to run an adapted face- to- face program for four POGP short courses. All of the one-day POGP courses are being modified for the safer option of online delivery.

There has been the very successful collaboration with Positive Pause bringing the Menopause study day to you online. The time available to participants to access this course has now been extended to 31st December 2020. We are very grateful to Positive Pause for making the necessary changes to a virtual delivery and so smoothly and in record time. Thanks also to our three POGP presenters who managed to adapt to this form of delivery with such professionalism.

I am sure everyone appreciates that the change is necessary for the Autumn programme. With so many different aspects to consider, it has required a great deal of thought, not least how to adapt to the government guidelines around PPE and social distancing

We are now pressing forward with new innovative ways of delivering learning although still being mindful that old ways still offer excellent learning experiences. Currently we are working on our first online e-learning delivery using the Prolapse one day course as our pilot and working with the website developers Light Media. This should be announced very soon on the POGP website and booking available online for the course, delivery being accessible in January 2021

I would like to thank the participants and the hosts of the courses who have been so patient and tolerant to the necessary changes and to the whole team of volunteers who help make up the board of Trustees and the Education subcommittee all of whom have taken time to look at the continuing problems that POGP face regarding safely adapting the courses for our participants, hosts and the POGP tutors. Thank you also to our short course administrator Karen Armitage who makes the changes happen and is the linchpin between POGP, the participants, host and tutors. The POGP tutors have played such a large part in making the changes work and continue to show professionalism, understanding and above all their support for POGP.

Our decision was to make sure that the courses continue to be delivered in some adapted format and that cancelling any of the POGP courses would be the last resort. We anticipate that as we navigate through such uncharted waters there will be further challenges and difficult unpredictable times ahead and that this could continue for some considerable time. We will carry on as best as we can to deliver the courses safely in some adapted format.

Thank you for your continued patience and understanding

Ruth Hawkes

POGP Workshop coordinator /ESC Chair