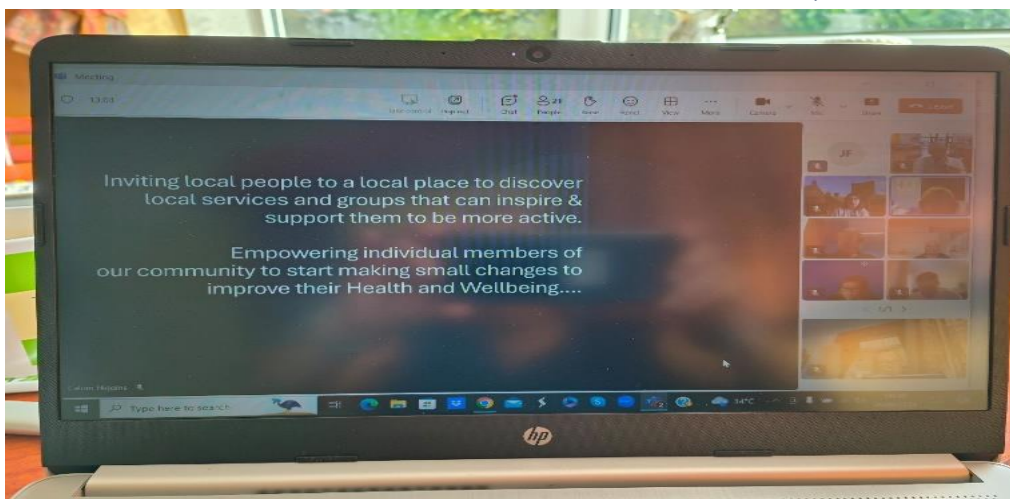


CSP Welsh Board Newsletter September 2024 In-person meeting held virtually on Teams

CSP Welsh Board met virtually and welcomed Liz Willey (physiotherapist from Cardiff and Vale UHB), CSP Council Member Sylvia Wojciechowski and, the CSP Director of the Strategy, Policy, and Engagement Directorate, Rob Yeldham.



Liz Willey provided a 'good practice' presentation on the highly successful Health and Wellbeing Fayres held in 2 Cluster locations in Cardiff and Vale UHB. Liz was instrumental in delivering the event in the Vale which saw health, leisure and 3rd sectors come together to co-produce the event with local communities, tailoring options, and opportunities to their needs. A second event was then designed for a Cardiff Cluster area. A key message, "It's about taking services and support to patients rather than waiting for them to come to us!" said Liz, and she highlighted the opportunity to reach people differently, helping them to find ways of being regularly active that suited them. This was the aim of the Health & Wellbeing Fayres.



NHS Pay Award – Welsh Gov has given a 5.5% pay award for 24/25 which meets the PRB recommendations in full. The CSP has sent out of a survey on it to members in Wales. **Have you had your say? Make sure you do! Check with your steward. For Action**
More information is available on the pay awards across the UK on the CSP's 'Pay' Page <https://www.csp.org.uk/workplace/pay-and-conditions/nhs-pay-proposals> For Note

Work continues on 'pay restoration' – Adam Morgan, CSP SNO, is involved in work on this.
For Note

- **Good news!** – The All-Wales Pregnancy Loss policy has been approved by the Welsh Partnership Forum
- Stewards have been training on the new All-Wales Disciplinary policy and process
- The Flexible Retirement policy is near completion and should be published soon
- The Workforce Race Equality Standards (WRES) report is due which will identify how organisations are doing against the standards **For Note**

The new Welsh Government Cabinet Secretary for Health and Social Care, Jeremy Miles MS, has outlined his priorities: 1) waiting times 2) better access to social care 3) women's health services 4) performance in relation to Delayed Transfers of Care (DTC) and 4) performance in relation to access to GP services. **For Note**

Cat Chin, CSP Professional Advisor in Wales provided a range of resources

- A useful webinar on the Common Placement Assessment Form (CPAF) - [CPAF: Individuals, Communities and Population Webinar, 17 July 2024 \(youtube.com\)](#) and a page which contains examples of marking - [CPAF: Individuals, Communities and Population Webinar, 17 July 2024 \(youtube.com\)](#)
- Support with International recruitment pages has gone live - <https://www.csp.org.uk/careers-jobs/working-united-kingdom> A guide for managers 'Starting out on international recruitment' is in final stage development
- The e-portfolio and learning hub has been upgraded on the CSP website - <https://www.csp.org.uk/professional-clinical/cpd-education/csp-eportfolio-learning-hub>
- A reminder that the CSP puts on a range of free webinars that are available on the events page of the CSP website <https://www.csp.org.uk/news-events/events/events-listing> All events are recorded so you can access past recordings (For example, September 17th – Workforce ambition, 18th – Innovations and Best Practice within Education, 19th Annual Diversity Networks Day and 19th CSO Organising Clinic: Ready, Set Physio! Getting ahead as a new band 5)
- Further work continues on the updated Career Framework – coming soon – keep an eye on your weekly e-bulletin for this! **For Action & Note**

Calum Higgins, CSP Public Affairs and Policy Manager for Wales, updated Board on **Political Changes**... UK Labour, Jo Steven MP is Secretary of State for Wales, Stephen Kinnock is Minister for Social Care. Welsh Labour, Eluned Morgan MS is First Minister and Jeremy Miles MS Cabinet Secretary for Health and Social Care.

Our very own Ruth Jones, MP for Newport West, is the new Chair of the Welsh Select Committee. Ruth is a physiotherapist by background and was a previous Chair of CSP Welsh Board! Da iawn Ruth, we are so proud of you! **For Note**

Developing a 'manifesto for the 2026' Senedd elections. What should we be suggesting to the political parties that we would like to see in their manifestos? What should be in a CSP Wales Manifesto? What are we calling for? What would make a real difference? Any ideas – send them through to Calum – higginsc@csp.org.uk **For Action**

Equality, Diversity and Belonging – how is your organisation doing?

Have you heard of the Cultural Competencies Scheme run by Diverse Cymru?

<https://diversecymru.org.uk/black-asian-and-minority-ethnic-cultural-competence-certification-scheme/#:~:text=Diverse%20Cymru's%20Cultural%20Competence%20Certification,Minority%20Ethnic%20people%20in%20Wales.>

Is your employer engaged? If not, why not?

For Note & Action

The CSP Welsh Board is hosting a Teams Webinar 'Spotlight on Leadership' on the 7th of November 2024, from 1.30pm to 4.30pm. All members are welcome. It is going to be an excellent event. Speakers from a variety of services and career paths will illustrate how physiotherapy leadership is both possible and essential, meanwhile highlighting the importance of wellbeing in leadership. The 3-hour webinar will commence with a presentation from the CSP's Director of practice and development, Ashley James.

Other speakers include: Claire Madsen, Director of Therapies and Health Science, Powys Teaching Health Board presenting 'The journey to leading at Health Board Executive level.' Ruth Studly, Director of Population Transformation & SRO for Future Population Migration Statistics at the ONS presenting her 'Unorthodox route to Leadership', Jon Bockelmann-Evans (AKA 'the Wellbeing Guy') addressing the importance of wellbeing throughout the leadership journey, Louise Leach, HEIW AHP Transformation Lead and Chris Richards, Hywel Dda UHB Support Worker, former Chair of the CSP Associates Network and (soon to be... as of October 12th 2024) CSP Council member.

.To attend this virtual event, you must sign up in advance

here: <https://CSPWalesLeadershipWebinar2024.eventbrite.co.uk>

For Action

Are you a CSP member? This newsletter provides some useful resources and feedback – but if you were a member of the CSP you would get so much more! The CSP is there for physios, support workers and students. If you are not a member... why not? Join the CSP now! <https://www.csp.org.uk/join-csp> **For Action**

Keeping in touch with the CSP in Wales?

Are you following **@CSPWales** on twitter?

Are you following the 'team CSP Wales' officers on twitter?

@CalumCSP – Calum Higgins, Public Affairs and Policy Manager for Wales

@AdamM_CSP – Adam Morgan, CSP Senior Negotiating Officer for Wales and West Midlands

@Catchin87 – Cat Chin, CSP Professional Advisor in Wales

@CSPHayley – Hayley Downey, Campaigns and Regional Engagement Officer for Wales

@JennyFrancis88 – Jenny Francis, CSP Administrator in Wales

@physiospilz – Alice Spilsbury, ERUS Organising Officer for Wales and West Midlands

Are you signed up to receive regular CSP bulletins? Make sure your details are up to date on the CSP website and you have signed up to all the i-CSP bulletins you want to receive. There's loads of valuable information and peer support that you can tap into from the CSP and i-CSP from other members that you link with via networks.

Living and working in Wales, you will be part of the Wales network – and you will receive information relevant to the CSP membership in Wales.

For Action