



Question 1 – Interventions

In adults with knee osteoarthritis, does a physiotherapy-led group exercise class or individual sessions of physiotherapy result in a greater reduction in pain and disability?

NICE or SIGN	<ul style="list-style-type: none"> • Small amounts of high quality relevant guidance • May not have much detailed evidence about physiotherapy interventions
Cochrane Library	<ul style="list-style-type: none"> • Small number of high quality systematic reviews
PEDro	<ul style="list-style-type: none"> • Moderate amount of evidence • Can restrict to guidelines and/or systematic reviews and/or randomised trials • Can restrict to high quality randomised trials
CSP Discovery system	<ul style="list-style-type: none"> • Large amount of evidence including grey literature • May be difficult to quickly narrow down to the best evidence
Cinahl Plus	<ul style="list-style-type: none"> • Moderate amount of evidence • May be able to access full text

Question 2 – Service Delivery

What are the costs and levels of patient satisfaction associated with group knee classes for adults with knee osteoarthritis delivered by physiotherapists in primary or secondary care musculoskeletal outpatient services?

NICE or SIGN	<ul style="list-style-type: none"> • Relevant guidance will provide evidence about cost effectiveness
Cochrane Library	<ul style="list-style-type: none"> • Can restrict search to economic evaluations
CSP Discovery system	<ul style="list-style-type: none"> • Likely to find the most evidence about patient satisfaction
Medline	<ul style="list-style-type: none"> • Can focus search using headings and subheadings, for example, MeSH terms: Osteoarthritis, Knee subheading; economics AND Patient Satisfaction
Cinahl Plus	<ul style="list-style-type: none"> • May be able to access full text



Question 3 – Qualitative research

What are the experiences of adults with knee osteoarthritis who have attended physiotherapy-led group knee classes?

CSP Discovery system	<ul style="list-style-type: none">• Likely to find the most evidence about patient experience
Cinahl Plus	<ul style="list-style-type: none">• May be able to access full text
NHS Evidence	<ul style="list-style-type: none">• May find additional grey literature that is not in CSP Discovery system